



PSHE, RSE and Citizenship – Subject on a page

Why we teach it

PSHE, RSE and Citizenship are important subjects in the curriculum. PSHE helps children and young people to stay healthy, safe and be prepared for life – and work – in modern Britain. PSHE education also helps pupils to achieve their academic potential. A virtuous cycle can be achieved, whereby pupils with better health and well-being can achieve better academically, which in turn leads to greater success'. RSE should teach young people to understand human sexuality and to respect themselves and others. It enables young people to mature, build their confidence and self-esteem and understand the reasons for delaying sexual activity. It gives children the opportunity to ask questions in a safe classroom environment supported by staff who know and understand them. Citizenship education gives people the knowledge and skills to understand, challenge and engage with democratic society including politics, the media, civil society, the economy and the law.

INTENT - What we are teaching

In order to cover our RSE statutory requirements we follow the Life to the Full scheme of work. Alongside this we use the PSHE association to cover our PSHE and Citizenship teaching. As well as this, we use assemblies and themed weeks and days to cover the full PSHE, Citizenship and RSE requirements.

Using our Life to the Full Scheme of work we cover topics including: Religious Understanding; Me, my body, my health; Emotional Well-being; Life Cycles; Personal Relationships; keeping safe and Living in the Wider World. We then use the PSHE association using the question-based model (to match our Creative Curriculum) to support the teaching. We cover topics including: How can friends communicate safely? What jobs would we like? What can we do with money? Our schools PSHE themed days and weeks include: Diversity Week, Internet Safety Week, NSPCC day and Mental Health Day. We also have a thriving School Council, who are elected into their positions within the school. They work closely with the PTA to organise and run events throughout the school year. They think about changes that will positively effect the day-to-day running of the school and ensure that there is a voice for all children in the school.

IMPLEMENTATION - How we teach it

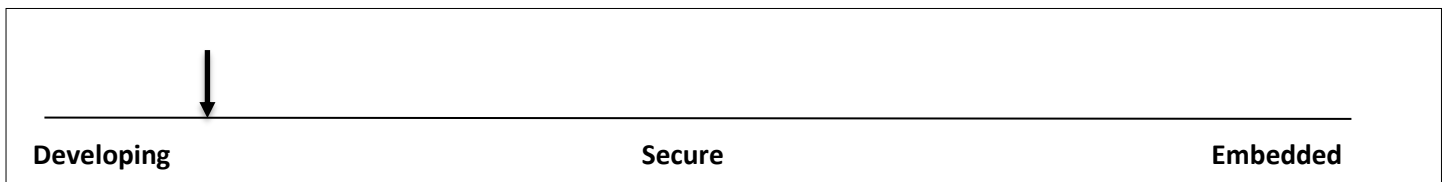
Our RSE (Life to the Full) lessons are taught discretely throughout the year. Children keep their work in a separate folder. Although our PSHE lessons are sometimes taught discretely, they are often taught as part of a topic lesson during the creative curriculum or to support a text used in class during the Power of Reading scheme. For example, in year 5, the book: 'There's a Boy in the Girls' Bathroom' is read, as part of the topic lessons, children consider what makes them special and how they belong to a wider community.

We also have days where the children work off timetable with their sole focus being that PSHE theme, for example during Internet Safety Week, children will take parts in activities and attend assemblies based around the same theme.

IMPACT - What is working

Life to the Full lessons is easily accessible by all teaching staff and staff are able to use this when teaching the RSE requirements.

On the scale below rate where you believe this subject currently stands in terms of your overall curriculum offer:



PSHE curriculum leader actions and impact

Previous Improvement Actions and Impact	Current Improvement Actions	Future Improvement Actions
<ul style="list-style-type: none"> All staff are teaching Life to the Full lessons and are confident when using the resources on the website 	<ul style="list-style-type: none"> PSHE association resources need to become more accessible and embedded into classroom practice Lead is currently creating an audit to ascertain if all PSHE requirements are being met 	<ul style="list-style-type: none"> Welcome in more professionals within specific fields to ensure children are being taught subjects to the highest of standards